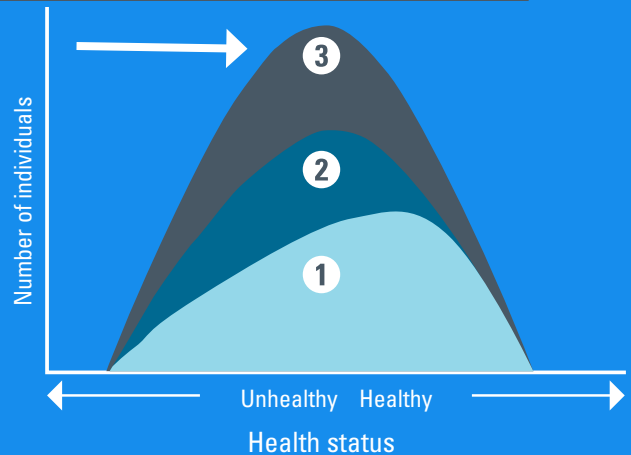
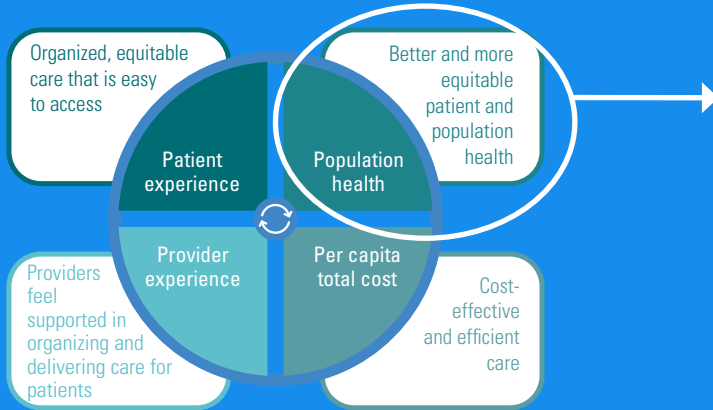


What is population-health?

“The health outcomes of a group of individuals, including the distribution of such outcomes within a group”
- Kindig & Stoddart. *AJPH* 2002;93(3):380-3

Accountable Local Care Systems: Quadruple Aim



Source: Adapted from Washington AE et al. *JAMA* 2016 315(5): 459-460

The population health curve can be divided into three sub-curves, each building on the last.

- 1** **Care for acute health problems**
Patients seeking care from healthcare providers
 - **Reactive, disjointed** care, **individually focused, no population orientation**
- 2** **Clinical care for populations**
Accountable local care systems working to improve population health and reach more of their population
 - **Proactive** management of care
 - **Evidence-based interventions** that ensure **integration, coordinated** for people **across healthcare providers**
 - Uses an **equity lens & addresses barriers** to care
- 3** **Population-based policies & interventions**
Entire population of the community that would be affected by population-based approaches
 - Focus is on **non-medical determinants of health** (e.g. food insecurity, poverty, literacy, housing)
 - Oriented over the **lifespan across large populations**
 - Working with **community partners** and **advocating for public policies** to improve population health

What is population-health management (PHM)?

Population-health management is an iterative process which involves gathering data and insights across many partners (including non-traditional healthcare providers) about an entire defined population’s health and social needs. These insights inform the co-design of proactive, integrated, person-centred, cost effective, equitable and efficient solutions with the goal of improving the health of individuals.

Source: Adapted from Population Health Alliance and Deloitte Centre for Health Solutions

There is a five component approach to implementing population-health management which can also help teams to ‘move the needle’ on achieving the quadruple aim.



Source: Adapted from Population Health Alliance, 2012