Rapid Synthesis

Creating Rapid-learning Health Systems in Canada

Appendix B4: Saskatchewan

10 December 2018





Rapid Synthesis: Creating Rapid-learning Health Systems in Canada Appendix B4: Saskatchewan 90-day response

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Table 1: Assets and gaps at the level of Saskatchewan's health system

Characteristic	Examples	Health-system receptors and supports	Research-system supports
Engaged patients: Systems are anchored on patient needs, perspectives and aspirations (at all levels) and focused on improving their care experiences and health at manageable per capita costs and with positive provider experiences	 Set and regularly adjust patient-relevant targets for rapid learning and improvement (e.g., improvements to a particular type of patient experience or in a particular health outcome) Engage patients, families and citizens in: their own health (e.g., goal setting; self-management and living well with conditions; access to personal health information, including test results) their own care (e.g., shared decision-making; use of patient decision aids) the organizations that deliver care (e.g., patient-experience surveys; co-design of programs and services; membership of quality-improvement committees and advisory councils) the organizations that oversee the professionals and other organizations in the system (e.g., professional regulatory bodies; quality-improvement bodies; ombudsman; and complaint processes) policymaking (e.g., committees making decisions about which services and drugs are covered; government advisory councils that set direction for (parts of) the system; patient storytelling to kick off key meetings; citizen panels to elicit citizen values) research (e.g., engaging patients as research partners; eliciting patients' input on research priorities) Build patient/citizen capacity to engage in all of the above 	 The Patients First Review (2009) generated recommendations for improving patient experience and the Saskatchewan government released a report in 2015 to detail progress on patient-relevant targets The Ministry of Health supports the Patient and Family Advisor program for engagement in development and implementation of health-system policies and programs The Saskatchewan Health Authority (SHA) supports a number of advisory councils comprised of patients and family members 20 Patient and Family Advisory Councils to improve patient-centred care and includes a First Nations and Métis council Co-design with patients as key participants in visioning sessions for health-system and service-delivery planning Ceremonies, such as sweats, are used when patient engagement includes Indigenous peoples SHA supports engaging patients in their own health through: self-management (e.g., LiveWell with Chronic Conditions program); access to personal health information (e.g., Citizen Health Information Portal will launch across the province in 2019 and include medical history access to laboratory results, vaccines/immunizations, prescriptions, and hospital and acute care visits); patient decision aids (e.g., Decision Point); services to help First Nations and Métis peoples navigate the system (e.g., First Nations and Métis Health Service provides 'health navigators', coordination and liaison, traditional supports, facilitation, interpretation and translation, and advocacy); and establishing a senior administrative role focused on the patient experience of First Nations and Métis patients 	Saskatchewan Centre for Patient-Oriented Research (SCPOR) provides training patients/caregivers, researchers, health professionals, and policymakers who wish to become involved in patient-oriented research The Institute for Indigenous Peoples' Health is located at the University of Saskatchewan

Characteristic	Examples	Health-system receptors and supports	Research-system supports
		Saskatchewan Health Quality Council supports patient engagement in the health system through: patient and family advisor development orientation and training coaching and mentorship strategy development and deployment awareness and networking evaluation and reporting coordination of the Care Experience Measurement Working Group (within the Patient-and Family-Centred Guiding Coalition), which supports patient-experience surveys and membership in quality-improvement committees The organizations that oversee professionals (e.g., College of Physicians and Surgeons of Saskatchewan), quality improvement bodies (e.g., Saskatchewan Health Quality Council) and ombudsman (Ombudsman Saskatchewan) engage patients, families and citizens and provide formal complaint processes BetterHealthcare.ca shares patient stories of quality improvement (in transition) Gaps may include less programmatic attention in primary care to supporting patient goal setting, self-management and shared decision-making	
Digital capture, linkage and timely sharing of relevant data: Systems capture, link and share (with individuals at all levels) data (from real-life, not ideal conditions) about patient experiences (with services, transitions and longitudinally) and provider engagement alongside data about other process indicators (e.g., clinical encounters and costs) and outcome indicators (e.g., health status)	 Data infrastructure (e.g., interoperable electronic health records; immunization or condition-specific registries; privacy policies that enable data sharing) Capacity to capture patient-reported experiences (for both services and transitions), clinical encounters, outcomes and costs Capacity to capture longitudinal data across time and settings Capacity to link data about health, healthcare, social care, and the social determinants of health Capacity to analyze data (e.g., staff and resources) Capacity to share 'local' data (alone and against relevant comparators) – in both patient- and provider-friendly formats and in a timely way – at the point of care, for providers and practices (e.g., audit and feedback), and through a centralized platform (to support patient 	eHealth Saskatchewan supports and coordinates projects about the province's electronic health records	eHealth Saskatchewan's Health Data and Analytics portal facilitates the secondary use of data related to electronic health records Saskatchewan Health Quality Council has advanced analytic capacity for predictive dynamic modelling

Characteristic	Examples	Health-system receptors and supports	Research-system supports
Timely production of research evidence: Systems produce, synthesize, curate and share (with individuals at all levels) research about problems, improvement options and implementation considerations	decision-making and provider, organization and system-wide rapid learning and improvement) 1) Distributed capacity to produce and share research (including evaluations) in a timely way 2) Distributed research ethics infrastructure that can support rapid-cycle evaluations 3) Capacity to synthesize research evidence in a timely way	 Strategic Health Information and Performance Support within the Saskatchewan Health Authority has the capacity to link data about health and the social determinants of health Gaps may include limitations to broader application of 'hot spotting' abilities (e.g., using data analytics to drill down to neighbourhood levels), which is likely a reflection of restrictions to data-sharing agreements, limitations to data sharing between ministries (e.g., health, education and justice) and limited capacity to analyze data Gaps may also include limitations to interoperable electronic health records, likely as a result of having two electronic medical record platforms, which create challenges to linking with electronic health records Gaps may include collection of health data for certain populations (e.g., creating governance and infrastructure to collect Métis health data, which includes Métis ownership of the data) Gaps appear to be a lack of one-stop shops for local evaluations and pre-appraised syntheses o The production of research evidence is included in the Saskatchewan Health Quality Council's mandate, however, there are limitations in capacity 	Saskatchewan SCPOR supports patient-oriented research Saskatchewan Health Research Foundation supports independent health research
	4) One-stop shops for local evaluations and pre- appraised syntheses 5) Capacity to access, adapt and apply research evidence 6) Incentives and requirements for research groups to collaborate with one another, with patients, and with decision-makers	capacity	The Indigenous Peoples' Health Research Centre develops capacity for community-based Indigenous health research University of Saskatchewan Research Ethics Boards provide ethical review and approval including research involving the Saskatchewan Health Authority (Operational Approval)
Appropriate decision supports: Systems support informed decision-making at all levels with appropriate data, evidence, and decision-making frameworks	1) Decision supports at all levels – self-management, clinical encounter, program, organization, regional health authority and government – such as a) patient-targeted evidence-based resources b) patient decision aids c) patient goal-setting supports d) clinical practice guidelines	HealthLine_provides health information for patients (e.g., patient-targeted evidence-based resources, health and fitness quiz, decision tools and symptom tracker) medSask for evidence-based drug information Online specialist directory (Saskatchewan surgical initiative) provides information on practising surgeons, procedures they perform, wait time for specialists and surgery	None identified

Characteristic	Examples	Health-system receptors and supports	Research-system supports
	e) clinical decision support systems (including those embedded in electronic health records) f) quality standards g) care pathways h) health technology assessments i) descriptions of how the health system works	Six evidence-based chronic disease flow sheets are embedded into both electronic medical record systems 2007 book describing how the health system works (Health Care in Saskatchewan: An Analytical Profile) Gaps may include lack of oversight for information systems and analysis, however, executive director positions have been created at the Saskatchewan Health Authority for: 1) Informatics; and 2) Clinical Standards	
Aligned governance, financial and delivery arrangements: Systems adjust who can make what decisions (e.g., about joint learning priorities), how money flows and how the systems are organized and aligned to support rapid learning and improvement at all levels	 Centralized coordination of efforts to adapt a rapid-learning health system approach, incrementally join up assets and fill gaps, and periodically update the status of assets and gaps Mandates for preparing, sharing and reporting on quality-improvement plans Mandates for accreditation Funding and remuneration models that have the potential to incentivize rapid learning and improvement (e.g., focused on patient-reported outcome measures, some bundled-care funding models) Value-based innovation-procurement model Funding and active support to spread effective practices across sites Standards for provincial expert groups to involve patients, a methodologist, use existing data and evidence to inform and justify their recommendations Mechanisms to jointly set rapid learning and improvement priorities Mechanisms to identify and share the 'reproducible building blocks' of a rapid-learning health system 	 Continuous quality-improvement initiative with a focus on the patient-first health system, using lean methodology and includes 1,500 continuous-improvement projects Lean-Improvement Leader Training program was created by the Saskatchewan Health Quality Council and is now offered throughout organizations in the health system Government of Saskatchewan's First Nation and Métis Policy Consultation Policy Framework is a guiding framework for ministries, agencies and Crown corporations for decisions that may have an impact on Treaty or Indigenous rights Development and existing Memorandums of Understandings with tribal councils Saskatchewan Health Authority's accreditation model applies its core values (e.g., people-centred care, service and excellence) and is based on the life cycle, which is divided into four quadrants (maternal/child, community/primary care, acute care and continuing care) to correspond to the four-year accreditation period There are new opportunities for a value-based innovation-procurement model now that there is a single authority, which increases buying power The administrative information management system (AIMS) launched in October 2018 and replaces 82 existing, non-integrated systems Health Quality Council Act (2002) The Patients First Review (2009) generated recommendations for improving patient experience and the Saskatchewan government released a report in 2015 to detail progress on patient-relevant targets 	None identified

Characteristic	Examples	Health-system receptors and supports	Research-system supports
		Chronic Disease Management - Quality Improvement Program is a partnership between the Ministry of Health, Saskatchewan Medical Association and eHealth Saskatchewan, and provides dedicated funding to support physicians to provide continuity of care to their patients with chronic conditions	
Culture of rapid learning and improvement: Systems are stewarded at all levels by leaders committed to a culture of teamwork, collaboration and adaptability	1) Explicit mechanisms to develop a culture of teamwork, collaboration and adaptability in all operations, to develop and maintain trusted relationships with the full range of partners needed to support rapid learning and improvement, and to acknowledge, learn from and move on from 'failure'	Continuous quality-improvement initiative with a focus on the patient-first health system, using lean methodology and includes 1,500 continuous-improvement projects Includes a series of quality-improvement modules to build lean tools Clinical Quality Improvement Program is a 10-month course for health professionals Indigenous Wellness course was designed using an Indigenous world view and is offered to health professionals as part of Continuing Medical Education	None identified
Competencies for rapid learning and improvement: Systems are rapidly improved by teams at all levels who have the competencies needed to identify and characterize problems, design data- and evidence-informed approaches (and learn from other comparable programs, organizations, regions, and sub-regional communities about proven approaches), implement these approaches, monitor their implementation, evaluate their impact, make further adjustments as needed, sustain proven approaches locally, and support their spread widely	 Public reporting on rapid learning and improvement Distributed competencies for rapid learning and improvement (e.g., data and research literacy, co-design, scaling up, leadership) In-house capacity for supporting rapid learning and improvement Centralized specialized expertise in supporting rapid learning and improvement Rapid-learning infrastructure (e.g., learning collaboratives) 	Saskatchewan Health Quality Council co-designs training programs with system partners for building quality-improvement competency, including quality-improvement measurement design (i.e., understanding variation) Daily visual management boards are used to measure outcomes and bring staff together (huddles), and visibility walls are within the public's view A3 problem solving is a structured process to identify and understand the problem	None identified

Table 2: Assets and gaps in the <u>primary-care sector</u> in Saskatchewan

Characteristic	Examples	Health-system receptors and supports	Research-system supports
Engaged patients: Systems are anchored on patient needs, perspectives and aspirations (at all levels) and focused on improving their care experiences and health at manageable per capita costs and with positive provider experiences	 Set and regularly adjust patient-relevant targets for rapid learning and improvement (e.g., improvements to a particular type of patient experience or in a particular health outcome) Engage patients, families and citizens in: their own health (e.g., goal setting; self-management and living well with conditions; access to personal health information, including test results) their own care (e.g., shared decision-making; use of patient decision aids) the organizations that deliver care (e.g., patient-experience surveys; co-design of programs and services; membership of quality-improvement committees and advisory councils) the organizations that oversee the professionals and other organizations in the system (e.g., professional regulatory bodies; quality-improvement bodies; ombudsman; and complaint processes) policymaking (e.g., committees making decisions about which services and drugs are covered; , government advisory councils that set direction for (parts of) the system; patient storytelling to kick off key meetings; citizen panels to elicit citizen values) research (e.g., engaging patients as research partners; eliciting patients' input on research priorities) Build patient/citizen capacity to engage in all of the above 	Saskatchewan Health Quality Council is involved in the co-design of primary healthcare survey for patients in primary-care practices, primary healthcare sites, public-health sites, or chronic-disease management programs Community developers work with community groups to improve primary care	Saskatchewan Strategy for Patient Oriented Research (SPOR) in Primary and Integrated Health Care Innovations (PIHCI) network is one of 11 networks in Canada and brings together patients, researchers and policymakers to improve research, accountability and accessibility in primary healthcare
Digital capture, linkage and timely sharing of relevant data: Systems capture, link and share (with individuals at all levels) data (from real-life, not ideal conditions) about patient experiences (with services, transitions and longitudinally) and provider engagement alongside data about other process indicators (e.g., clinical encounters and costs) and outcome indicators (e.g., health status)	Data infrastructure (e.g., interoperable electronic health records; immunization or condition-specific registries; privacy policies that enable data sharing) Capacity to capture patient-reported experiences (for both services and transitions), clinical encounters, outcomes and costs Capacity to capture longitudinal data across time and settings	Through partnership with Alberta Health Quality Council, BestPractice panel reports have been created to generate knowledge for family physicians about their patient population Chronic Disease Management - Quality Improvement Program is a partnership between the Ministry of Health, Saskatchewan Medical Association and eHealth Saskatchewan, and provides dedicated funding to support physicians to	Saskatchewan SPOR PIHCI network is one of 11 networks in Canada, designed to use patient-centred research to improve the delivery of primary and integrated healthcare

Characteristic	Examples	Health-system receptors and supports	Research-system supports
	 4) Capacity to link data about health, healthcare, social care, and the social determinants of health 5) Capacity to analyze data (e.g., staff and resources) 6) Capacity to share 'local' data (alone and against relevant comparators) – in both patient- and provider-friendly formats and in a timely way – at the point of care, for providers and practices (e.g., audit and feedback), and through a centralized platform (to support patient decision-making and provider, organization and system-wide rapid learning and improvement) 	provide continuity of care to their patients with chronic conditions	
Timely production of research evidence: Systems produce, synthesize, curate and share (with individuals at all levels) research about problems, improvement options and implementation considerations	1) Distributed capacity to produce and share research (including evaluations) in a timely way 2) Distributed research ethics infrastructure that can support rapid-cycle evaluations 3) Capacity to synthesize research evidence in a timely way 4) One-stop shops for local evaluations and preappraised syntheses 5) Capacity to access, adapt and apply research evidence 6) Incentives and requirements for research groups to collaborate with one another, with patients, and with decision-makers	None identified	None identified
Appropriate decision supports: Systems support informed decision-making at all levels with appropriate data, evidence, and decision-making frameworks	1) Decision supports at all levels – self-management, clinical encounter, program, organization, regional health authority and government – such as a) patient-targeted evidence-based resources b) patient decision aids c) patient goal-setting supports d) clinical practice guidelines e) clinical decision support systems (including those embedded in electronic health records) f) quality standards g) care pathways h) health technology assessments i) descriptions of how the health system works	None identified	None identified
Aligned governance, financial and delivery arrangements: Systems adjust who can make what decisions (e.g., about joint learning priorities), how money flows and how the systems are organized and aligned to	Centralized coordination of efforts to adapt a rapid-learning health system approach, incrementally join up assets and fill gaps, and periodically update the status of assets and gaps Mandates for preparing, sharing and reporting on quality-improvement plans	There is a demonstration project of a new healthcare delivery model in Prince Albert and Shellbrook, which was created by patients and family advisors, physicians, and health system leaders to improve care and the experience for	None identified

Characteristic	Examples	Health-system receptors and supports	Research-system supports
support rapid learning and improvement at all levels	 Mandates for accreditation Funding and remuneration models that have the potential to incentivize rapid learning and improvement (e.g., focused on patient-reported outcome measures, some bundled-care funding models) Value-based innovation-procurement model Funding and active support to spread effective practices across sites Standards for provincial expert groups to involve patients, a methodologist, use existing data and evidence to inform and justify their recommendations Mechanisms to jointly set rapid-learning and improvement priorities Mechanisms to identify and share the 'reproducible building blocks' of a rapid-learning health system 	Prince Albert and area citizens while improving the work experience of health professionals O The model will be attentive to governance and relationships, physician leadership, quality-improvement capabilities, and compensation models that align with health-system priorities O A multi-year plan to improve quality of care and care experience for citizens and the experience for providers	
Culture of rapid learning and improvement: Systems are stewarded at all levels by leaders committed to a culture of teamwork, collaboration and adaptability	1) Explicit mechanisms to develop a culture of teamwork, collaboration and adaptability in all operations, to develop and maintain trusted relationships with the full range of partners needed to support rapid learning and improvement, and to acknowledge, learn from and move on from 'failure'	There are examples of <u>primary care teams</u> working collaboratively with patients to improve care (e.g., Meadow Lake, Cudworth, Tisdale and Rural West)	
Competencies for rapid learning and improvement: Systems are rapidly improved by teams at all levels who have the competencies needed to identify and characterize problems, design data- and evidence-informed approaches (and learn from other comparable programs, organizations, regions, and sub-regional communities about proven approaches), implement these approaches, monitor their implementation, evaluate their impact, make further adjustments as needed, sustain proven approaches locally, and support their spread widely	 Public reporting on rapid learning and improvement Distributed competencies for rapid learning and improvement (e.g., data and research literacy, codesign, scaling up, leadership) In-house capacity for supporting rapid learning and improvement Centralized specialized expertise in supporting rapid learning and improvement Rapid-learning infrastructure (e.g., learning collaboratives) 	None identified	None identified

Table 3: Assets and gaps in the area of aging (or for the elderly population or a relevant 'problem focus,' such as frailty) in Saskatchewan

Characteristic	Examples	Health-system receptors and supports	Research-system supports
Engaged patients: Systems are anchored on patient needs, perspectives and aspirations (at all levels) and focused on improving their care experiences and health at manageable per capita costs and with positive provider experiences	 Set and regularly adjust patient-relevant targets for rapid learning and improvement (e.g., improvements to a particular type of patient experience or in a particular health outcome) Engage patients, families and citizens in: their own health (e.g., goal setting; self-management and living well with conditions; access to personal health information, including test results) their own care (e.g., shared decision-making; use of patient decision aids) the organizations that deliver care (e.g., patient-experience surveys; co-design of programs and services; membership of quality-improvement committees and advisory councils) the organizations that oversee the professionals and other organizations in the system (e.g., professional regulatory bodies; quality-improvement bodies; ombudsman; and complaint processes) policymaking (e.g., committees making decisions about which services and drugs are covered; government advisory councils that set direction for (parts of) the system; patient storytelling to kick off key meetings; citizen panels to elicit citizen values) research (e.g., engaging patients as research partners; eliciting patients' input on research priorities) Build patient/citizen capacity to engage in all of the above 	Connected Care focuses on patient flow and is moving towards team-based care for older adults to support community-based care and either prevent or reduce admissions to hospital and long-term care	None identified
Digital capture, linkage and timely sharing of relevant data: Systems capture, link and share (with individuals at all levels) data (from real-life, not ideal conditions) about patient experiences (with services, transitions and longitudinally) and provider engagement alongside data about other process indicators (e.g., clinical encounters and costs) and outcome indicators (e.g., health status)	Data infrastructure (e.g., interoperable electronic health records; immunization or condition-specific registries; privacy policies that enable data sharing) Capacity to capture patient-reported experiences (for both services and transitions), clinical encounters, outcomes and costs Capacity to capture longitudinal data across time and settings	Connected Care Strategy is part of the 2018-2019 Health System Plan and uses computer modelling to test possible interventions to improve patient flow and transitions from hospital to community care	None identified

Characteristic	Examples	Health-system receptors and supports	Research-system supports
Timely production of research evidence: Systems produce, synthesize, curate and share (with individuals at all levels) research about problems, improvement options and implementation considerations	 Capacity to link data about health, healthcare, social care, and the social determinants of health Capacity to analyze data (e.g., staff and resources) Capacity to share 'local' data (alone and against relevant comparators) – in both patient- and provider-friendly formats and in a timely way – at the point of care, for providers and practices (e.g., audit and feedback), and through a centralized platform (to support patient decision-making and provider, organization and system-wide rapid learning and improvement) Distributed capacity to produce and share research (including evaluations) in a timely way Distributed research ethics infrastructure that can support rapid-cycle evaluations Capacity to synthesize research evidence in a timely way One-stop shops for local evaluations and preappraised syntheses Capacity to access, adapt and apply research evidence Incentives and requirements for research groups to collaborate with one another, with patients, and with decision-makers 	None identified	None identified
Appropriate decision supports: Systems support informed decision-making at all levels with appropriate data, evidence, and decision-making frameworks	1) Decision supports at all levels – self-management, clinical encounter, program, organization, regional health authority and government – such as a) patient-targeted evidence-based resources b) patient decision aids c) patient goal-setting supports d) clinical practice guidelines e) clinical decision support systems (including those embedded in electronic health records) f) quality standards g) care pathways h) health technology assessments i) descriptions of how the health system works	None identified	None identified
Aligned governance, financial and delivery arrangements: Systems adjust who can make what decisions (e.g., about joint learning priorities), how money flows and how the systems are organized and aligned to	Centralized coordination of efforts to adapt a rapid-learning health system approach, incrementally join up assets and fill gaps, and periodically update the status of assets and gaps	None identified	None identified

Characteristic	Examples	Health-system receptors and supports	Research-system supports
support rapid learning and improvement at	2) Mandates for preparing, sharing and reporting on	, I PP	
all levels	quality-improvement plans		
	3) Mandates for accreditation		
	4) Funding and remuneration models that have the		
	potential to incentivize rapid learning and		
	improvement (e.g., focused on patient-reported		
	outcome measures, some bundled-care funding		
	models)		
	5) Value-based innovation-procurement model		
	6) Funding and active support to spread effective		
	practices across sites		
	7) Standards for provincial expert groups to involve		
	patients, a methodologist, use existing data and		
	evidence to inform and justify their		
	recommendations		
	8) Mechanisms to jointly set rapid-learning and		
	improvement priorities		
	9) Mechanisms to identify and share the		
	'reproducible building blocks' of a rapid-learning		
	health system		
Culture of rapid learning and	Explicit mechanisms to develop a culture of	None identified	None identified
improvement : Systems are stewarded at all	teamwork, collaboration and adaptability in all		
levels by leaders committed to a culture of	operations, to develop and maintain trusted		
teamwork, collaboration and adaptability	relationships with the full range of partners		
	needed to support rapid learning and		
	improvement, and to acknowledge, learn from		
	and move on from 'failure'		
Competencies for rapid learning and	Public reporting on rapid learning and	None identified	None identified
improvement: Systems are rapidly improved	improvement		
by teams at all levels who have the	2) Distributed competencies for rapid learning and		
competencies needed to identify and	improvement (e.g., data and research literacy, co-		
characterize problems, design data- and	design, scaling up, leadership)		
evidence-informed approaches (and learn	3) In-house capacity for supporting rapid learning		
from other comparable programs,	and improvement		
organizations, regions, and sub-regional	4) Centralized specialized expertise in supporting		
communities about proven approaches), implement these approaches, monitor their	rapid learning and improvement		
implement these approaches, monitor their implementation, evaluate their impact, make	5) Rapid-learning infrastructure (e.g., learning collaboratives)		
further adjustments as needed, sustain	conaboratives)		
proven approaches locally, and support their			
spread widely			





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