

# Finding and using research evidence

## A guide for citizens



### Online sources mentioned within the modules (in the order they appear)

#### Module #1

- McMaster Health Forum
  - <https://www.mcmasterforum.org/>
- Ontario SPOR SUPPORT Unit
  - <http://ossu.ca/>
- ACCESSS (for clinicians)
  - <https://www.accessss.org/>
- Health Evidence (for public health professionals)
  - <https://healthevidence.org/>
- Health Systems Evidence (for policymakers)
  - <https://www.healthsystemevidence.org/>
- Social Systems Evidence (for policymakers)
  - <https://socialsystemsevidence.org/>
  - This resource was not mentioned but is a companion resource to Health Systems Evidence
- McMaster Optimal Aging Portal (for patients and family member decision-makers)
  - <https://www.mcmasteroptimalaging.org/>
  - A reference to this resource can be found in all modules

#### Module #7

- Cochrane summaries (research summaries for 'my health')
  - <http://www.cochrane.org/evidence>
- Health Evidence (research summaries for 'our health')
  - <https://healthevidence.org/>
- Health Systems Evidence (research summaries for 'our system')
  - <https://www.healthsystemevidence.org/>

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